

Anthem Blue Cross and Blue Shield Serving Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect





Overview

AIM Specialty Health_® (AIM) works with leading insurers to improve health care quality and manage costs for today's most complex and prevalent tests and treatments, helping to promote care that is appropriate, safe and affordable. AIM will manage a new **Rehabilitation Program** for Medicaid members.

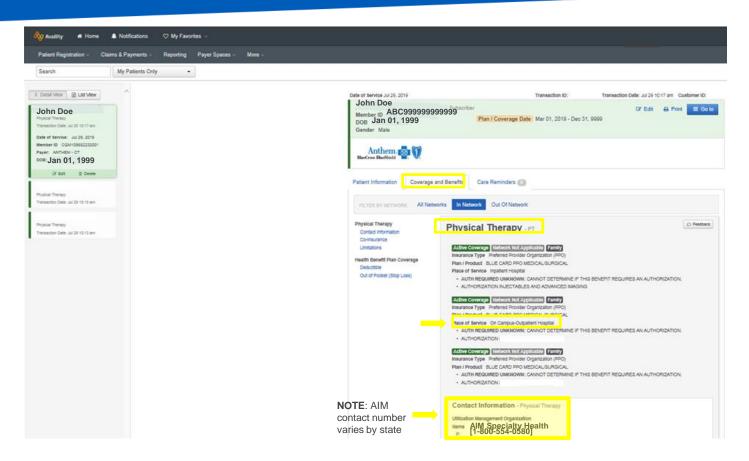
The following resources are available now:

- ProviderPortal This website, [www.providerportal.com], will be available for ordering request submissions [24 hours a day, 7 days a week], processing requests in real-time using clinical criteria.
- AIM call center The call center is available Monday through Friday,
 [7:30 a.m. to 7 p.m.] (Central Time) at [1-800-714-0040], effective [April 1, 2019].

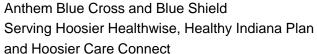




ProviderPortal









Rehabilitation Program

The AIM Rehabilitation Program uses evidence-based clinical practice guidelines in the rehabilitative services industry to maximize a member's functional outcomes, coordinate integrative health care decisions, improve the member's total cost of care and optimize provider satisfaction.

This program provides a clinical appropriateness review process that encompasses the appropriate duration of rehabilitative services at the appropriate place of service, with the goal of maximizing the member's functional improvement while enhancing and simplifying the provider's experience in the delivery of care.





Program scope

Physical therapy

CG-REHAB-04

- Supervised modalities
- Constant attendance modalities
- Therapeutic procedures
- Adaptive equipment training
- Wound care and lymphedema treatment
- Other physical therapy services
- Unlisted procedures not covered

Occupational therapy

CG-REHAB-05

- Supervised modalities
- Constant attendance modalities
- Therapeutic procedures
- Adaptive equipment training
- Wound care and lymphedema treatment
- Other occupational therapy services
- Biofeedback not covered
- Unlisted procedures not covered

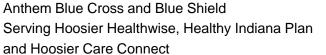
Speech therapy

CG-REHAB-06

- Speech fluency
- Speech sound production
- Language comprehension and expression
- Oral and pharyngeal swallowing function
- Auditory processing

Please note: Procedure codes my vary by line of business or may be managed by the local health plan.







Rehabilitation clinical experts power our program

Our clinical experts lead the way:

- An experienced team of therapists and physicians lead and support our Rehabilitation Program.
- Their expertise across numerous clinical specialties immediately expands your organization's clinical acumen.

Our clinician reviewers specialties include:

- Physical therapy
- Occupational therapy
- Speech therapy
- Physiatry
- Internal medicine
- Orthopedics
- Pediatrics



[Dr. Kerrie Reed] [Medical Director, Rehabilitation]

Serves as the clinical leader and is responsible for the clinical strategy



[Gina Giegling] [GM / VP, Rehabilitation and MSK]

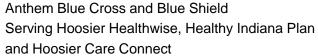
Serves as the business leader and is responsible for the business strategy and design



[Disha Patel] [Director, Rehabilitation and MSK]

Serves as the clinical architect and is responsible for the clinical design







Episode of care

An **episode of care** is the managed care provided for a specific injury, surgery, condition or illness during a set time period. The episode of care is generally defined as the period from initial evaluation until discharge.

AIM will provide an authorization with a visit allocation for those requests where the member meets medical necessity. For an optimal request response, requests should be made only after an active authorization has either expired, or there are no more authorized visits remaining for the member. Initiating a request before those visits have been rendered may not reflect the accurate medical necessity criteria. An authorization cannot be obtained more than [30 days] prior to your service date.

If after delivering the initial authorized number of visits, the member still needs additional therapy, the provider can return to the AIM *ProviderPortal* and create a second request. Because these requests are treating the same medical problem/condition, the system will consider both requests (cases) under the same episode of care.

The system will take into consideration that the provider is continuing treatment, and the clinical questions will be presented to capture the progress made in order to render a determination. You can have several cases, or authorizations, under the same episode of care.





Episode of care request flow



Therapist performs the evaluation and determines therapy is needed

Initial request

Provider creates an AIM portal request, reports patient's functional tool score and diagnosis, and answers clinical questions. If clinical necessity is met, an

authorization with

visits is provided.



delivered.

Therapist delivers the authorized visits. then determines if the patient attained their goals (discharge). If the patient didn't respond to therapy or made improvements but still needs more therapy, that can be recorded.



Progress is reported after delivery of initial visits.

Therapist reports patient's updated functional tool score, progress towards goals. and if relevant. mitigating factors.

Next. a determination is made if additional visits are clinically necessary



Patient attains goals or skilled services are no longer needed.

Patient is ready for discharge.

Therapist uploads documentation.

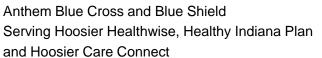
is reported after

delivery of visits.

Progress

Next. a determination is made if additional visits are clinically necessary.







Clinical appropriateness review

Basis for visit allotment:

- Primary treatment diagnosis
- Confirmation of autism or developmental delay
- Evaluation date remains consistent throughout the episode of care
- · Functional tool and score

- Comorbidities
- Member's response to treatment or any mitigating factors
- Member's attainment of goals
- Member's improvement in functional tool score

Included settings:

- Office
- Outpatient hospital
- Independent clinic

Check to see if the facility is in network for the member before starting therapy.

Please note: Additional documentation may be required when requesting additional visits (for example, progress notes, initial evaluation/re-evaluation, etc.).

Anthem Blue Cross and Blue Shield





Review responsibilities

will perform:

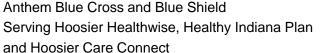
- Prospective reviews.
- Within a less than [two business day] service grace period.
- Reconsiderations up to [10 business days with additional information*].
- Valid timeframe for requests are based on the number of visits that are allocated.
- Peer-to-peer/therapist-to-therapist discussion.

* Where applicable, may vary by state and line of business.

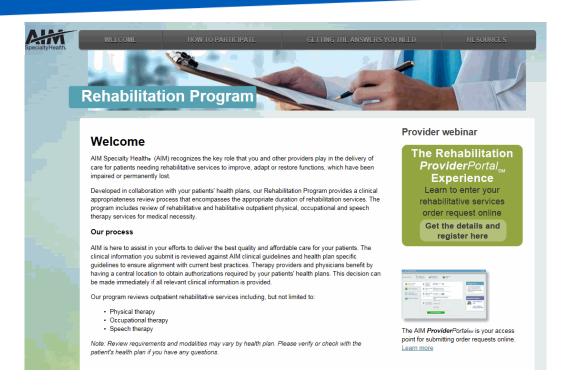
Anthem. will perform:

- Inpatient and home health requests.
- Unspecified codes not managed by AIM*.
- Less than [two business day service grace period].
- Appeals.
- Pre-authorization prior to AIM's effective date.
- · Responses to member questions.





Rehabilitation microsite



Comprehensive provider microsite contains:

- Overview of the program
- · Resources with checklists
- FAQ
- CPT codes included in the program
- Available webinars
- Information on how to register for the ProviderPortal

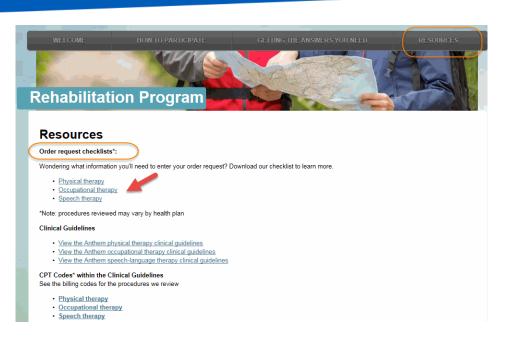
[http://www.aimproviders.com/rehabilitation]



Anthem Blue Cross and Blue Shield Serving Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect



Rehabilitation microsite resources



Resources section

- Checklists containing the information needed for requests, including a list of the functional tools and score values
- Link to Anthem guidelines
- CPT codes included in the program

Available support

- Portal login Issues [1-800-252-2021]
- Rehab guestions for providers only [rehabprogram@aimspecialtyhealth.com]

[http://aimproviders.com/rehabilitation/Resources.html]





ProviderPortal demo





Request flow demonstrated during the *ProviderPortal* demo



Enter therapy request with other member information via the AIM **Provider**Portal.

Request reviewed in **real time** against:

- State mandates.
- Clinical guidelines.

Immediate approval is granted if consistent with clinical criteria.

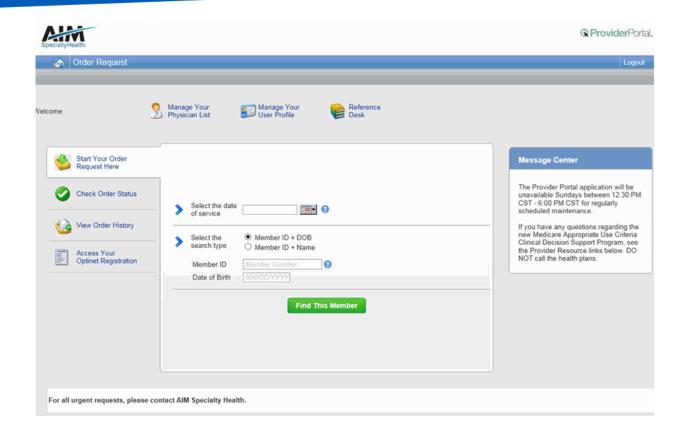
Clinical experts are available for discussion if criteria is not met.

Integration with health plan for claims processing, letter generation and reporting





ProviderPortal home page

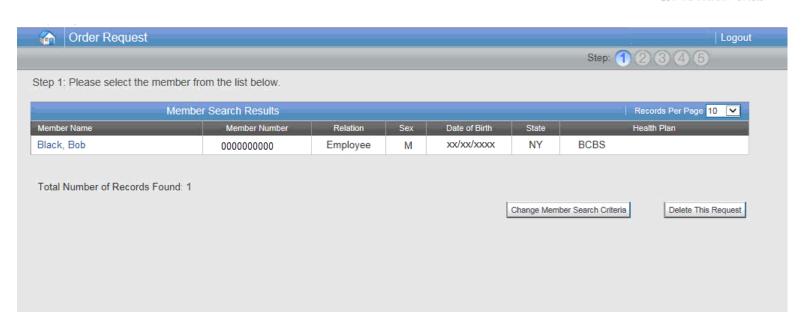






Select member

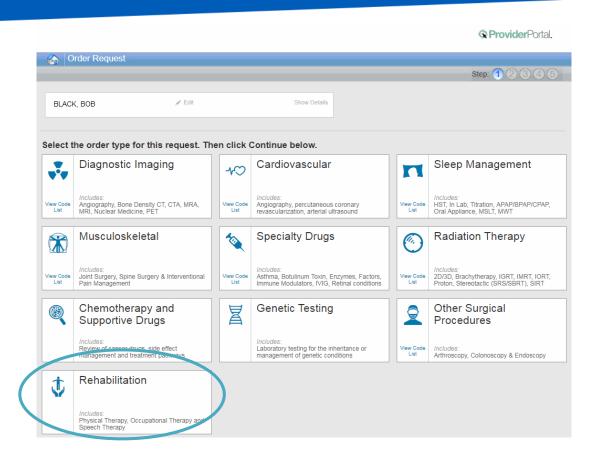
ProviderPortal.



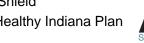




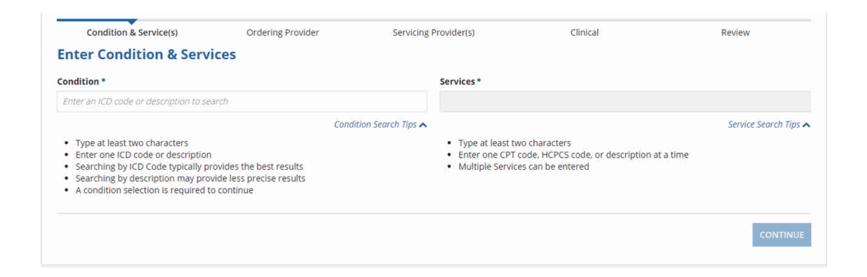
Select Rehabilitation







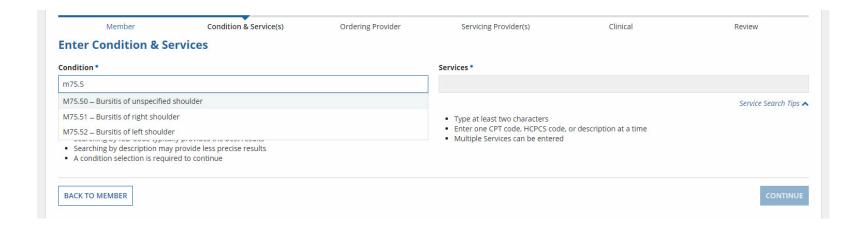
Condition (ICD-10) and service (CPT) selection







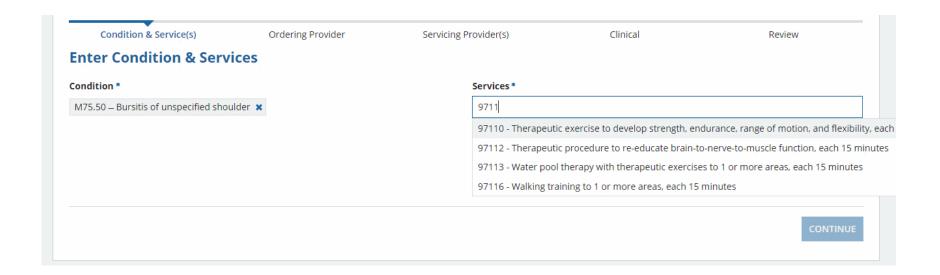
Enter ICD-10 code or description







Service (CPT code) selection

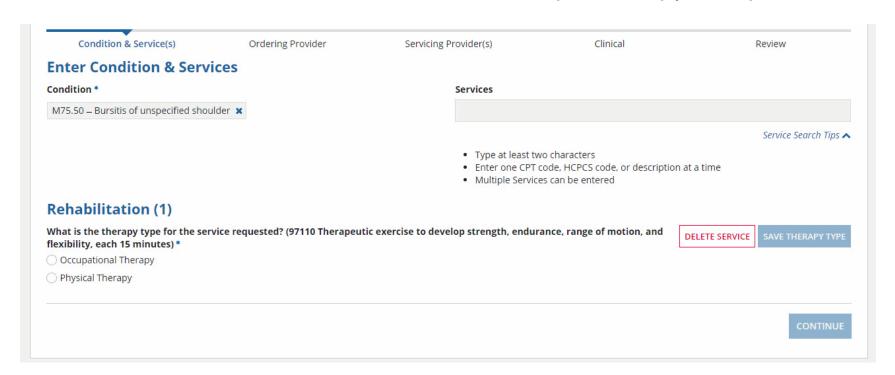






Identify therapy type

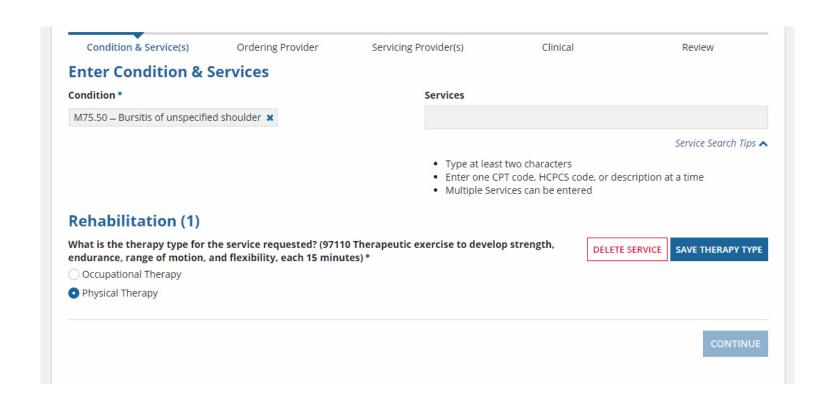
Some CPT codes are associated with multiple therapy disciplines.







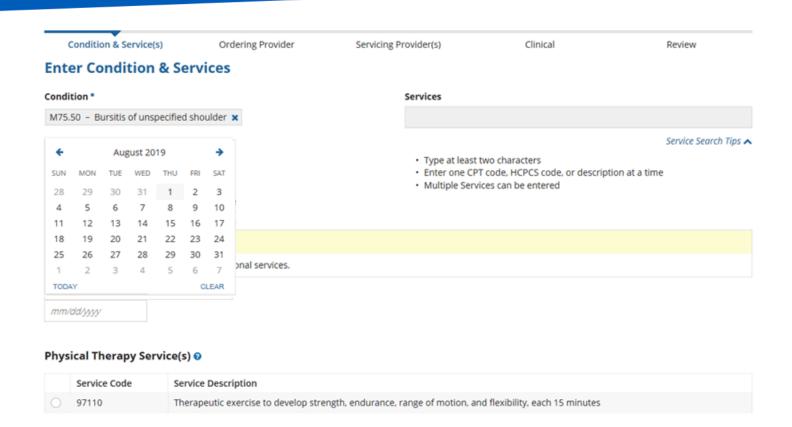
Selection of physical therapy



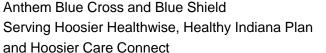




Therapy start date selection







Episode of care metrics

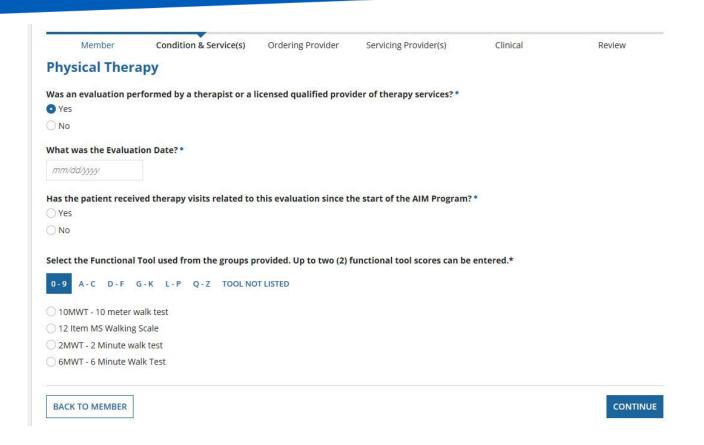
The system will request information on the current metrics for the member.

Member	Condition & Service(s)	Ordering Provider	Servicing Provider(s)	Clinical	Review
Physical Therap	y				
Vas an evaluation perfor	med by a therapist or a licensed qua	lified provider of therapy ser	rvices? *		
Yes					
No					

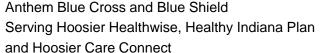




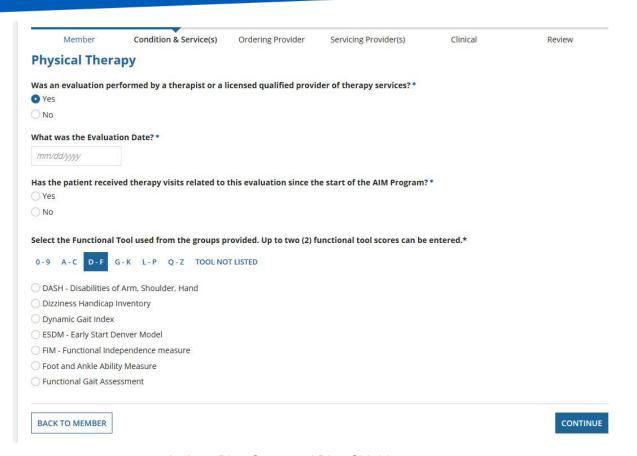
Episode of care metrics — continued







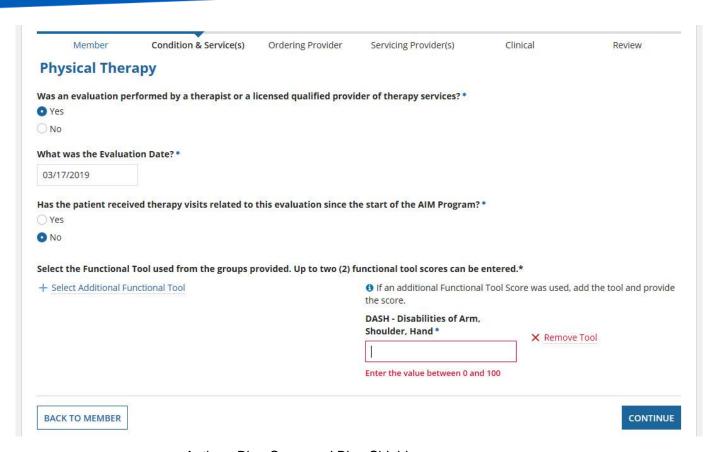
Functional Tool selection – Example using DASH







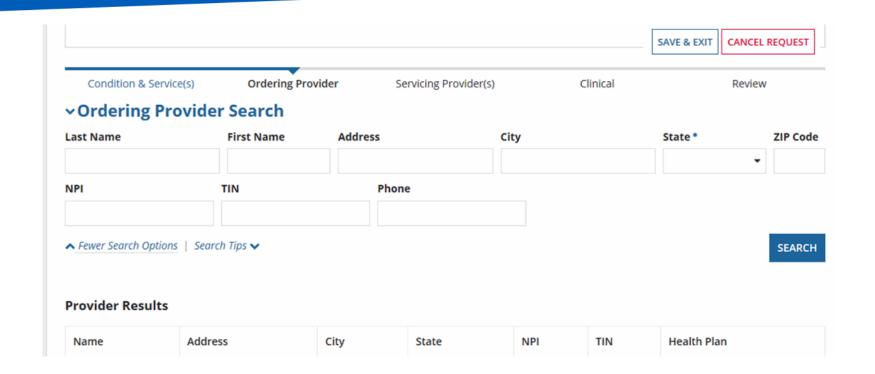
Enter score







Ordering provider selection







Specify if ordering and treating therapist are the same

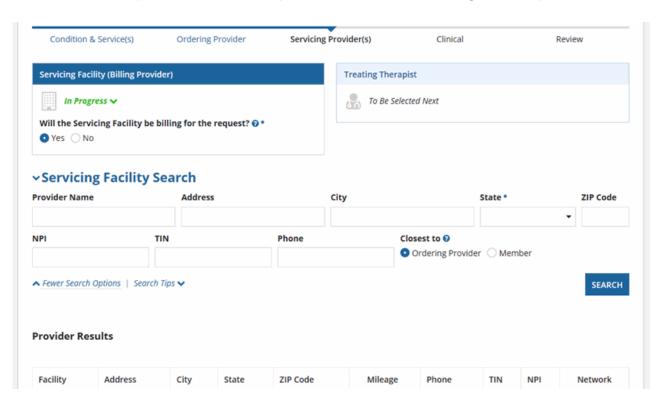




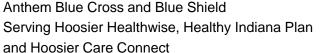


Facility search

Search for facility and specify if it is the billing entity.







Facility place of service selection

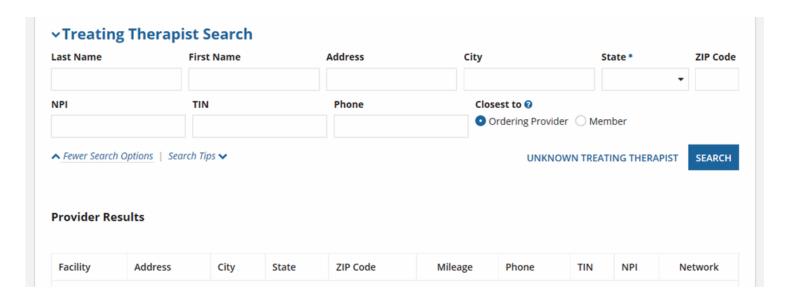






Treating therapist selection (optional)

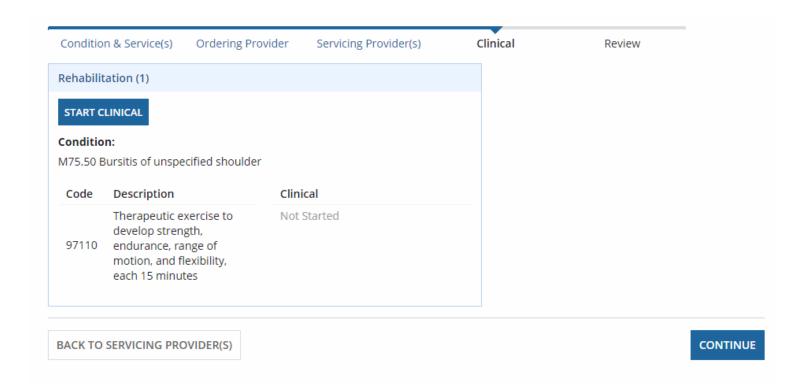
Search for the treating therapist if they are the billing entity; otherwise *unknown* is acceptable.







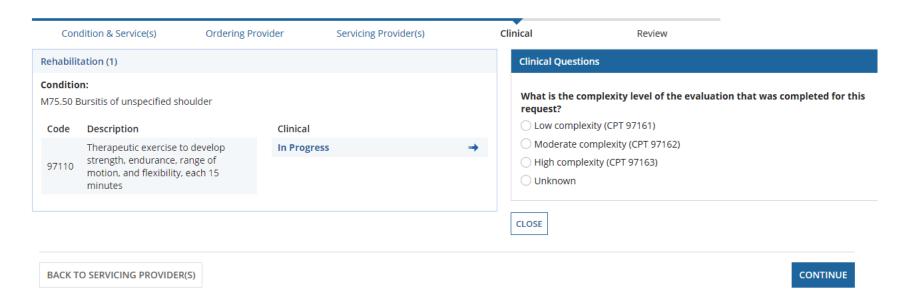
Clinical entry







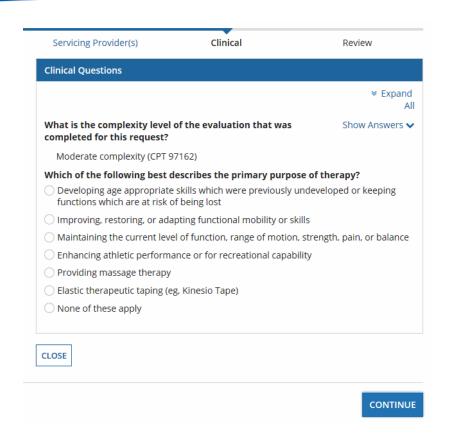
Clinical entry (cont.)







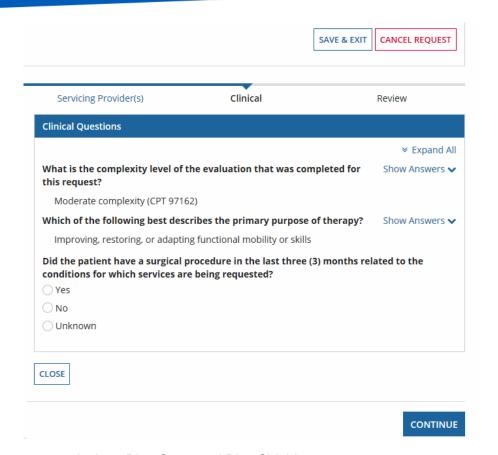
Clinical entry (cont.)







Clinical entry (cont.)







Clinical entry (cont.)

Clinical Questions	
	¥ Expand All
What is the complexity level of the evaluation that was completed for this request?	Show Answers 🗸
Moderate complexity (CPT 97162)	
Which of the following best describes the primary purpose of therapy?	Show Answers 🗸
Improving, restoring, or adapting functional mobility or skills	
Did the patient have a surgical procedure in the last three (3) months related to the conditions for which services are being requested?	Show Answers 🗸
No	
Select all conditions that apply.	
BMI > 40	
Chronic obstructive pulmonary disease (COPD)	
Cognitive impairment	
Diabetes mellitus	
Arthritis conditions	
Neurological condition	
Immunosuppression	
None of these apply	
Unknown	
Continue ✓	





Clinical attestation

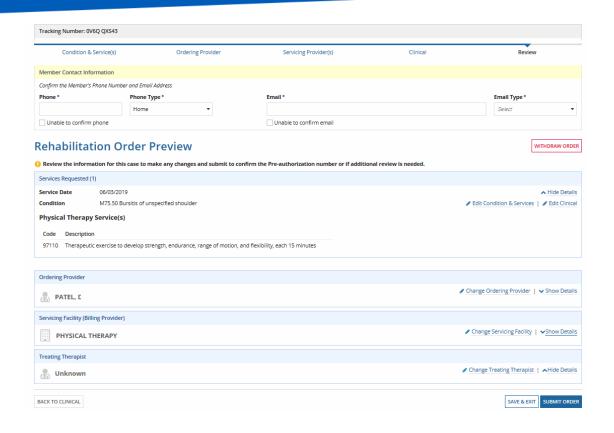
Please attest to all of the following:		
	Attest	Do not attest
There is a complete plan of care documented. (Plan of care includes short- and long-term goals, objective assessments used, and estimated frequency and duration of treatment)	0	0
It is expected that functional improvement will be achieved and documented over a reasonable and predictable timeframe.	0	0
The services will be delivered by a licensed provider of physical therapy.	0	0



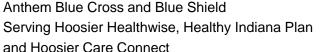
CLOSE



Order preview – review information collected







Order summary (after request is submitted)

Rehabilitation

WITHDRAW ORDER

Remail link to review this case: Send Email

Order Number: 04V5P0KKZ

Valid Dates: 8/1/2019 - 8/30/2019

Order Status: CLOSED

Order ID only applies to the Rehabilitation service(s) requested. Other services for this request will have a separate Order ID if Approved.

Rehabilitation Visits

Approved Visits: 6

Services Requested (1)

All requested services meet criteria

▲ Hide Details

Service Date 06/03/2019

Condition M75.50 - Bursitis of unspecified shoulder

Physical Therapy Service(s):

Code Description Clinical Feedback

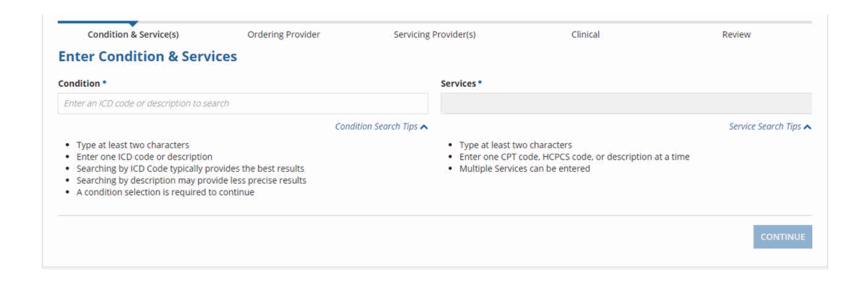
97110 Therapeutic exercise to develop strength, endurance, range of motion, and flexibility, each 15 minutes

Not Applicable





Condition (ICD10) and service (CPT) selection

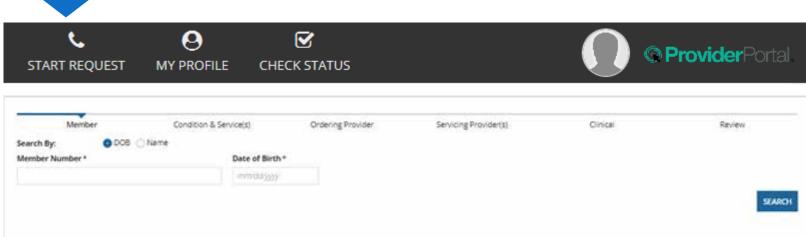




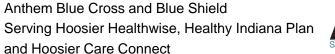


Start new request









FAQ

Is the initial treatment included in the Evaluation Authorization for the first visit?

 While the initial evaluation does not require preauthorization (PA), treatment for Medicaid patients rendered with the evaluation does require PA. Because of this, we have improved functionality for Medicaid patients to allow a [two business day] service grace period to initiate a request. For commercial patients, treatment rendered with the evaluation does not require PA.

What if I already have an authorization that is valid through the go-live date?

- If you have a PA for visits that extends through the go-live date, Anthem will honor that [authorization and those] visits will get paid. If patient still requires skilled services beyond that date, you will need to request an authorization from AIM.
- Please ensure your current active authorization has either expired, or there are no more authorized visits remaining before initiating a new request. Initiating a request before those visits have been rendered may not reflect the accurate medical necessity criteria.





What if the member did not previously require PA, but are in the middle of treatment as of AIM go-live date?

- The provider should initiate a PA request for the treatment as of the AIM go-live date. What if the patient finishes therapy before the valid time frame ends and still needs skilled services?
- You can return to the AIM ProviderPortal to submit another request.

If we do not utilize all the visits in an authorization during the valid time frame, can we extend the time frame?

 In most instances, sufficient time is allowed to provide the authorized number of visits based on your patient's condition. If the valid time frame expires, you can return to the AIM portal to submit another request and receive additional visits if medical necessity criteria are met.





Is there any change to the reimbursement contracting, for example fee for service or daily case rates?

No, AIM is not involved in any contracting or networking negotiations, and nothing has changed relative to the implementation of this AIM Program.

What if I utilize a Functional Tool that is not listed in the AIM portal?

AIM has incorporated a very comprehensive list of Functional Tools and feel strongly that every practitioner should incorporate a functional assessment into their treatment plan. However, there is an option to add a different tool and the associated score. You can enter up to [two] functional tools per patient per discipline.

What is the process for faxing in documentation if I am unable to upload my documentation on the AIM ProviderPortal?

Faxes are not available for initiating cases, please log on to AIM *ProviderPortal* or call AIM to complete the request. If you are unable to upload your documents on a recurring case, please fax to [1-833-420-9489].

How can I discuss my case with a clinician or participate in a peer-to-peer?

If your request went for clinical review and you would like to discuss it, you can call AIM and discuss the request with a like-discipline reviewer, or subsequently a physician for a peer-to-peer.





Do I have to submit modifiers to AIM to get my PA?

- You would continue to submit claims with the appropriate modifiers required for your billing based on payer and line of business. AIM does not require you submit modifiers to us.
- Per Anthem clinical guidelines, if the program is for Habilitation Services, we will pass the appropriate modifier to Anthem with the authorization extract.

How do I know if specific CPT codes require authorization by AIM?

Please refer to the Anthem rehabilitation clinical guidelines, Availity, or the AIM *ProviderPortal* for a
list of codes. If you have specific questions relative to your market, you can reach out to the local
health plan for clarification.

Can a member receive an authorization for more than one discipline (PT, OT, ST) at the same time?

• Yes, if the member meets the clinical criteria, AIM will issue separate authorizations for each discipline, even if these disciplines belong to the same facility/billing entity.

Can I receive an authorization if I am an out of network provider?

Yes, if the clinical criteria is met and the member has out of network benefits, but the ordering
provider will be informed if they are out of network and that the member may have a higher out of
pocket expenses. If the member does not have out of network, the request may get denied.





Should I use the treatment diagnosis or the medical diagnosis provided by the referring physician?

You should use the most relevant treatment diagnosis, as allowed by your state practice act. The system only requests one diagnosis per discipline.

Will AIM track the number of visits available within a patient's annual visit limitation?

AIM will, as a courtesy, check the visit accumulator to see how many visits are remaining. However, this number is based on those visits that have been claimed and paid, but as always, an authorization is not a guarantee of payment, noting that an authorization can be provided before a prior claim has been submitted.

Can you clarify who the ordering provider is on the AIM *ProviderPortal*?

The ordering provider is the individual who is requesting the authorization. It can be the referring physician office or the therapy office. In states including Indiana that allow direct access, the ordering provider can be the same as the servicing provider.

Do we need a PA if Anthem is secondary to Medicare?

No, a PA is not required when Anthem is secondary. Medicare plans under Anthem are not part of this AIM implementation program at this time.





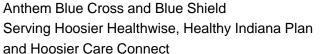
Thank you

www.anthem.com/inmedicaiddoc

Anthem Blue Cross and Blue Shield is the trade name of Anthem Insurance Companies, Inc., independent licensee of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc. Providers who are contracted with Anthem Blue Cross and Blue Shield to serve Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect through an accountable care organization (ACO), participating medical group (PMG) or Independent Physician Association (IPA) are to follow guidelines and practices of the group. This includes but is not limited to authorization, covered benefits and services, and claims submittal. If you have questions, please contact your group administrator or your Anthem network representative AIM Specialty Health is a separate company providing utilization review services on behalf of Anthem Blue Cross and Blue Shield.

AINPEC-2311-19 [rdate]





Session Survey – Thursday AM

Please use the QR code or the weblink below to complete a survey about the session you just attended. Each session has a unique survey so be sure to complete the appropriate one for each session you attend. We will be taking your feedback from this survey to improve future IHCP events.



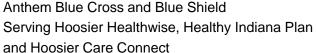
https://tinyurl.com/fssa1087

www.anthem.com/inmedicaiddoc

Anthem Blue Cross and Blue Shield is the trade name of Anthem Insurance Companies, Inc., independent licensee of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc. Providers who are contracted with Anthem Blue Cross and Blue Shield to serve Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect through an accountable care organization (ACO), participating medical group (PMG) or Independent Physician Association (IPA) are to follow guidelines and practices of the group. This includes but is not limited to authorization, covered benefits and services, and claims submittal. If you have questions, please contact your group administrator or your Anthem network representative AIM Specialty Health is a separate company providing utilization review services on behalf of Anthem Blue Cross and Blue Shield.

AINPEC-2311-19 [rdate]







Session Survey – Thursday PM

Please use the QR code or the weblink below to complete a survey about the session you just attended. Each session has a unique survey so be sure to complete the appropriate one for each session you attend. We will be taking your feedback from this survey to improve future IHCP events.



https://tinyurl.com/fssa1088

www.anthem.com/inmedicaiddoc

Anthem Blue Cross and Blue Shield is the trade name of Anthem Insurance Companies, Inc., independent licensee of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc. Providers who are contracted with Anthem Blue Cross and Blue Shield to serve Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect through an accountable care organization (ACO), participating medical group (PMG) or Independent Physician Association (IPA) are to follow guidelines and practices of the group. This includes but is not limited to authorization, covered benefits and services, and claims submittal. If you have questions, please contact your group administrator or your Anthem network representative AIM Specialty Health is a separate company providing utilization review services on behalf of Anthem Blue Cross and Blue Shield.

AINPEC-2311-19 [rdate]



